

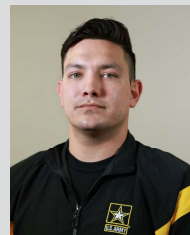


TEAM ARMY BIO

Captain Nathan Degen's journey to the Ft. Belvoir Soldier Recovery Unit was marked by a series of debilitating injuries, including torn ACL/meniscus, a torn labrum in the shoulder, and persistent ENT issues. Despite halting his ability to fly helicopters and support fellow Soldiers, with support from his family and dedicated teams at Fort Belvoir, CPT Degen found renewal.

Overcoming physical, mental, and emotional hurdles, he rediscovered the spirit he had been missing. Competing in the Warrior Games symbolizes a personal triumph—an acknowledgment of his resilience and perseverance. CPT Degen views the opportunity to compete alongside fellow Army and DoD team members, who have surmounted even greater obstacles, as a profound honor.

Embracing mantras such as "Love God, Love Others. Serve God, Serve Others, Learn, Earn, Return," and "Shooters Shoot," he embodies a philosophy of seizing opportunities and making them count. As he prepares for the games, CPT Degen extends heartfelt gratitude to his wife, who will be managing a toddler and a one-week-old child during this period. Her unwavering support and sacrifice serve as a testament to the strength of their partnership.



Full Name

Nathan Degen

Preferred Name

Nathan Degen

Rank/Abbreviation

Captain/CPT

Service Branch

Active Duty

Injury or Illness

Left Knee, Left Shoulder, ENT

Hometown (City, State)

Arlington, TX

Current Location/SRU

Fort Belvoir, VA

MEDIA CONTACT

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